

Mammography Physician Order

For Appointment: (559) 450-6742 FAX: (559) 450-6743

Patient: You Must Bring This Order on the Day of Exam
Please See Reverse for Patient Instructions

Name:	DOB:	Patient Pho	ne #:
Appointment Date:CC Reports:	Time:	_	
Previous Mammogram Location:		Date:	
Scree Digital Screening Mammogram: To Include Digital Diagnostic Mammo	ning Breast Exam (Asyogram and/or Breast Ultr		btain Diagnosis
Dia	gnostic Breast Pro	cedures	
Diagnostic work up Including Imaging Biopsy) & Surgical consult if necessary	(Mammo, U/S MD I	PLEASE MARK	AREA OF CONCERN
☐ Diagnostic Mammogram To Include Ultrasound if required, Biopsy if required	ed	Right	Left
☐ Breast Ultrasound ☐ Axilla Ul To include diagnostic mammogram if required for diagnosis, include BX if necessary	trasound	A - A - A - A - A - A - A - A - A - A -	
☐ Image Guided Aspiration ☐ Bil ☐ Image GuidedCore Biopsy Breast ☐ R ☐ I			
Axilla R 1			ALITY (MIICT COMDIET)
Localization Localizer		NOSIS:	ALITY (MUST COMPLETI
☐ MRI BREAST ☐ Contrast ☐ No Co ☐ IMPLANT EVALUATION - ALWAYS D W/O Contra	OONE		
☐ Bone Density (DXA SCAN) CPT-7 Please DO NOT take calciu	77080 Diagnosis: ım supplements 24 h	ours from day of the	e Bone Density Scan
nysician Signature:		Date:	Time·



Examination Day

Please bring this form and your medical insurance card. If you have had prior mammograms, please also bring your X-rays. If you are unable to keep your appointment, please call 559-450-6742 to schedule a new time. If you are pregnant or think you might be, let your physician know. Make sure to tell your radiologist or technologist before the examination

Examination Time

Your exam will take from 30-90 minutes. For Biopsies, please allow two hours.

Examination Preparation

Before your mammogram, please wash thoroughly and avoid the use of deodorant powder, perfumes or ointments on your underarm areas or breasts. Please wear slacks/ skirt with a blouse rather than a one-piece dress (for example.)

What is Mammography?

Mammography is an X-ray study utilizing radiation to image the breast. It is considered to be the most advanced and accurate method to detect breast cancer at its early stages. At Saint Agnes we off er the latest technology - Digital Mammography.

During the exam, it is essential that the breast be compressed to reduce the breast thickness. This compression results in improved visualization of the structures within the breast and reduces the radiation dose.

You may notice that more compression is used that you have experienced in the past. This is done to obtain the best quality mammogram possible. According to your own tolerance, this compression may be fairly uncomfortable, but the examination should not be painful. Women with painful, tender breasts maybe unable to tolerate the compression.

May we suggest:

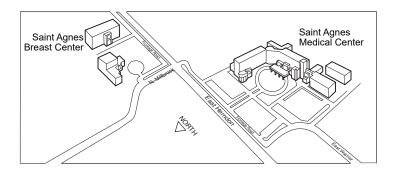
- 1. Schedule the exam after menstrual cycle, when your breasts are less tender.
- 2. One week before exam, avoid foods with caffeine, including coffee, tea, soft drinks and chocolate.

What is 3D (tomosynthesis) Mammography?A3 dimensional tomographic technique producing more views than traditional 2D screening mammography. Allows us to see the breast in several layers for each position limiting the problem of overlapping tissue which can hide cancers. The addition of tomosynthesis to digital mammography was associated with a decrease in recall rate and increase in cancer detection rate.

Finding out your Results

After the radiologists has studied your mammogram, you may be asked to return for additional views. This is occasionally needed for further evaluation. The results of your exam with be sent directly to you, as well as your physician.

- **Locations** Saint Agnes Breast Center 1510 E. Herndon Ave., Suite 110 (559) 450-6742
 - Saint Agnes Medical Center 1303 E. Herndon Ave. (559) 450-3000



Saint Agnes Breast Center is accredited by the American College of Radiology® for mammography, breast ultrasound and stereotactic breast biopsy.





